

Code of Conduct

To all users – please be considerate to other users particularly young families and people in wheelchairs.

Walkers – if you are walking with a dog please keep it under close control and clear up any mess.

Horse riders – please proceed at a walk when passing other users, and at no more than a trot at any time to protect the trail surface.

Cyclists

- give way to walkers, wheelchair users and horse riders and leave them plenty of room
- please don't expect to use the paths at high speeds
- be prepared to slow down or stop if necessary
- be careful at junctions, bends and entrances
- remember that some people cannot hear or see well – don't assume that they can
- fit a bell and use it – don't surprise people

Motorbikes – are not permitted on any traffic-free trails.

Cars – if you need to bring your car please park in designated car parks.

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The Cornish Way

With over 200 miles of inter-linking Trails The Cornish Way is a great way to explore Cornwall's fantastic countryside. It is a network of mainly quiet rural roads and traffic-free off-road routes that connect Bude to Lands End. Many off-road routes are also accessible to horse riders and the mobility-impaired. Whatever you choose to do there is so much to be enjoyed... distinctive landscapes, historic towns and villages, sandy beaches, local festivals, museums and a host of other visitor attractions.

The Clay Trails and this leaflet have been made possible by the following organisations:

eden project



AUSTELL
PROJECT



Sustrans is the charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. Our work makes it possible for people to choose healthier, cleaner and cheaper journeys, with better places and spaces to move through and live in.

It's time we all began making smarter travel choices. Make your move and support Sustrans today.

@ www.sustrans.org.uk

☎ 0845 113 0065

f facebook.com/Sustrans

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For further maps, guides and more information on cycling in Cornwall:
Cornwall Council Tel 0300 1234 202 www.cornwall.gov.uk
www.claytrails.co.uk www.visitcornwall.co.uk

Photographs: Cover photograph by Richard Kalina from Tim Smit's book 'Eden'.
Clay workers 1905 © Wheal Martyn Clay Works. Other photographs Sustrans.



Registered Charity No. 326550 (England and Wales) SCO39263 (Scotland)

The
CORNISH WAY



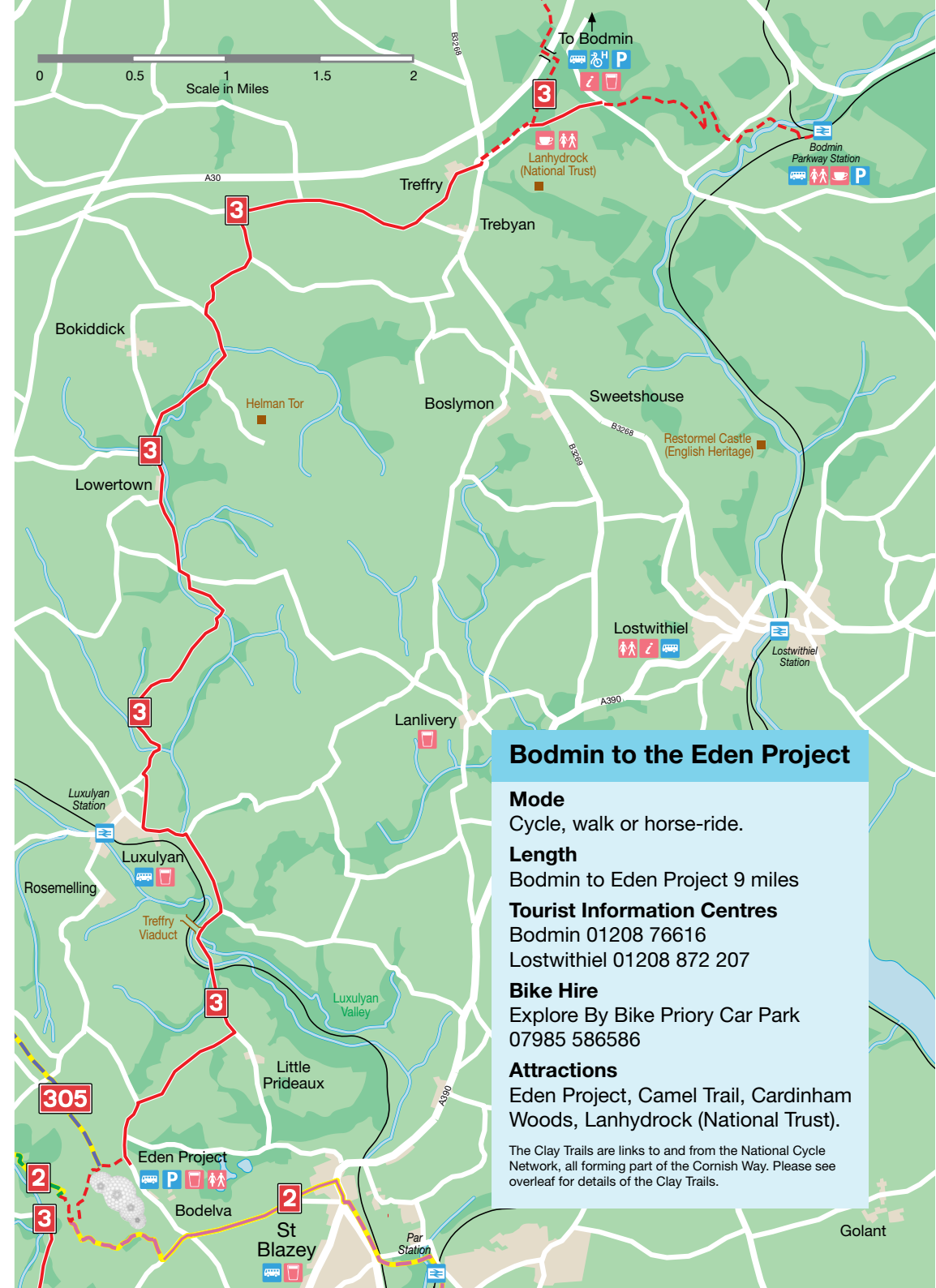
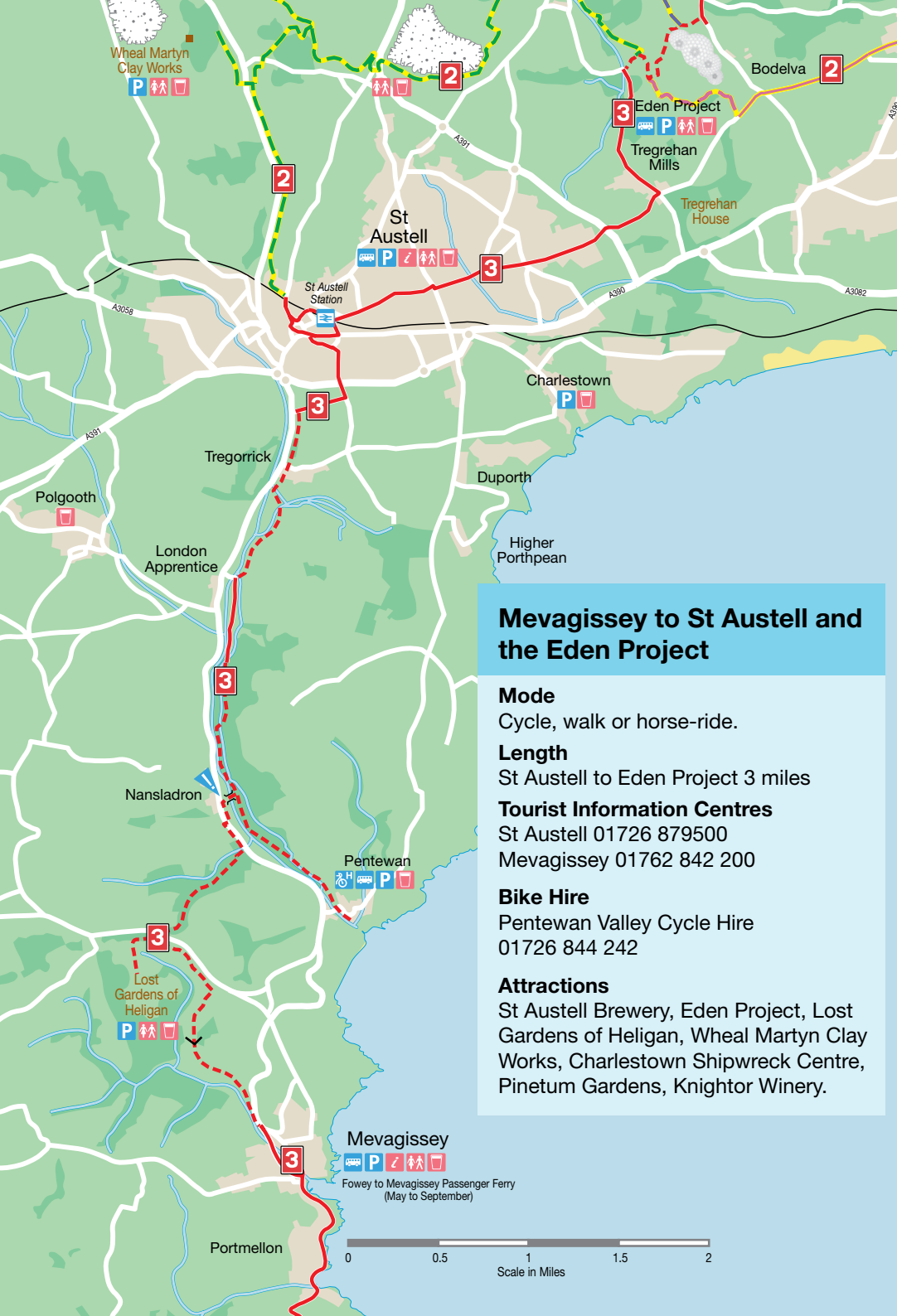
Cornwall's Clay Trails

St Austell, Bugle, Wheal Martyn,
Par and the Eden Project



ROUTE MAP

CORNWALL





The Trails are easily accessible by public transport.

The map to the left shows the rail stations and bus stops as well as bike hire and car parks. For all your rail and bus information contact Traveline: www.travelinesw.com or 0871 200 2233.

The maps below show National Cycle Routes 2, 3 and 305 and the maps overleaf show each individual Clay Trail.

By Bike and Foot

The Clay Trails are part of the Cornish Way which forms the National Cycle Network in Cornwall. Cycle along National Route 3 from Bodmin or St Austell. See the two maps below.

For maps such as the Cornish Way, call **Sustrans 0845 113 0065**. You can hire bikes locally. All Trails are wheelchair accessible. Steeper parts are marked on the maps with a gradient arrow.

By Rail

Arrive at St Austell station where onward buses can be caught to points on the Clay Trails or to the Eden Project. Par Beach Trail can be accessed by using Par Station. Bugle Trail can be accessed by using the Newquay branch line railway.

By Bus

Travel by bus to points on the Clay Trails or to the Eden Project.

By Car

Use designated car parks to access the Clay Trails or the Eden Project.

To report issues on the Clay Trails

Tel: Cornwall Council 0300 1234 202



Leave the traffic behind

Whether you cycle, walk or horse ride, these tranquil, mostly traffic-free Trails, 3 – 5 miles long are perfect for you and your family. Explore Cornwall's Clay Country on the Bugle, Wheal Martyn and the Par Beach Trails. The Wheal Martyn and the Bugle Trails both lead to the Eden Project too.

You'll discover the stunning colours of mica dams, peaceful lakes, clay tip peaks reaching to the sky and how the china clay industry has shaped the landscape seen today. You

can take the Trails at your own pace, and because they are surfaced they are accessible all year round.

The Trails connect with local towns, bus stops, railway stations and with National Route 3 of the National Cycle Network, part of the Cornish Way linking Bodmin and St Austell.

This leaflet is a guide to the Trails, which are all clearly sign-posted. So plan your day and enjoy your time in this fantastic part of Cornwall.

Clay workers 1905



China Clay

The story of China Clay began with the Industrial Revolution in which Cornwall was to play a significant role. 120 million tons of China Clay have been produced since William Cookworthy's first discovery of clay at Tregonning Hill in 1746.

Today China Clay is Cornwall's most important extractive industry and you will see various sites along the Clay Trails that Imerys Minerals Ltd use in the China Clay mining process. A majority of the clay is exported through the local port of Fowey.

Did you know that China Clay has many uses today:

Paper, ceramics, paint, rubber, pharmaceuticals, crayons and pencils, toothpaste and cosmetics.

The environment

The Clay Trails would not exist without the generosity of Imerys Minerals Ltd in allowing their land to be used in making these Trails possible. Imerys is the world's largest producer of China Clay. The China Clay industry is part of mid Cornwall's heritage. The Clay Trails are a key part of Imerys' large-scale restoration programme. In partnership with English Nature, Imerys is working to provide valuable new habitats for flora and fauna as well as providing a new resource for local people and visitors.

The recycled mining materials used for the Trails have been kindly donated by Imerys.

- Recycled materials sourced through ReMaDe Kernow
- Shelters and seating by Abeysmallcombe
- Stone carving and writing by C F Piper and Son

Eden discount

Did you know that if you arrive by bike, foot or take public transport you'll get a discount on the door*. Plenty of cycle storage is located only a short walk from the main entrance and you can leave your belongings in a secure locker for free.

* at time of writing.

Bugle to the Eden Project

From the old mining village of Bugle through the heathland of Treskilling Downs, this Trail weaves past the tranquil woods and lakes of the restored landscape and offers many scenic views and chances to observe wildlife.

Mode

Cycle, walk or horse-ride.

Length

4 miles

Attractions

Eden Project

Café

Bugle Inn near start of trail



Great for cycling



Par Beach to St Blazey

Par was developed as a minerals port in the 1830s. China clay was shipped from here to all around the globe. This Trail leads you through local towns as well as the marshes of the old river estuary to St Blazey.

Mode

Cycle or walk to St Blazey.

Join a walking only footpath (this is not a Clay Trail) to the Eden Project. The entire route is unsuitable for horse-riding.

Length

3 miles

Attractions

Par Beach, St Andrews Park and Local Nature Reserve



Great for walking



Wheal Martyn to the Eden Project

This Trail leads you through the unique landscapes of the clay country. From woodland and heathland in abandoned valleys to stunning views over active mines the history of the china clay industry is laid out under your feet.

Mode

Cycle, walk or horse-ride.

Length

5 miles

Attractions

Wheal Martyn Clay Works, Eden Project

